



Name: _____

Week commencing: _____

TARGET Eat _____ different plant species over 7 days. Tick each plant the first time you eat it.

DAY 1	DAY 2	DAY 3	DAY 4	DAY 5	DAY 6	DAY 7	WEEKLY TOTALS
☐ _____	☐ _____	☐ _____	☐ _____	☐ _____	☐ _____	☐ _____	Total plants this week
☐ _____	☐ _____	☐ _____	☐ _____	☐ _____	☐ _____	☐ _____	_____ / _____
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☐ _____	☐ _____	☐ _____	☐ _____	☐ _____	☐ _____	☐ _____	
New plants today: _____	New plants today: _____	New plants today: _____	New plants today: _____	New plants today: _____	New plants today: _____	New plants today: _____	
Day total: _____	Day total: _____	Day total: _____	Day total: _____	Day total: _____	Day total: _____	Day total: _____	Sponsorship raised £ _____